

# Etsu

Authentic Japanese Restaurant

## Hello and welcome to Etsu Japanese Restaurant

Our menu only scratches the surface of Japanese cuisine but will give you a good insight into what it has to offer. If there is something you would like that you do not see on our menu then please feel free to ask one of our team members to see if we are able to accommodate you. Particularly if you have any allergies or would like to know about other options including vegetarian and vegan.

### SOUP, SALADS & PICKLES

<b>MISO SOUP</b> <b>v VG</b> Freshly made soup, fermented soybean paste, with wakame, tofu & spring onion.	1.95	<b>KAISO SALAD</b> <b>v</b> Green, red and white seaweed salad served with dressing.	4.95
<b>SUIMONO</b> Freshly made clear soup with king prawn, wakame & vegetables.	2.45	<b>KAISO &amp; MIX SALAD</b> <b>v</b> Green, red and white seaweed with mixed salad served with sesame dressing.	5.95
<b>RICE</b> <b>v VG</b> Japanese sticky plain boiled rice.	1.95	<b>MIXED SALAD</b> <b>v VG</b> Freshly prepared mixed salad served with a delicious dressing.	2.95
<b>PICKLES</b> <b>v VG</b> An assortment of Japanese pickles.	2.45	<b>KIMUCHI</b> Spicy pickled cabbage	2.95

### APPETISERS

<b>EDAMAME</b> <b>v VG</b> Healthy soybeans in their pods lightly salted served the traditional way which is cold with rock salt. <b>(please ask if you would like them hot)</b>	2.45	<b>YAKI TORI</b> Chicken skewers in teriyaki style sauce.	4.95
<b>YASAI TEMPURA</b> <b>v VG</b> Fried vegetables in a light crisp batter with dipping sauce.	5.95	<b>KARA-AGE</b> Crispy fried chicken pieces marinated in soy, ginger and garlic served with a fresh lemon wedge.	6.95
<b>MIXED TEMPURA</b> Fried king prawns and vegetables in a light crisp batter and served with dipping sauce.	6.95	<b>NIKU GYOZA</b> Hand made pork & vegetable dumplings, pan fried and steamed. Served with dipping sauce.	6.95
<b>EBI TEMPURA</b> Large king prawns fried in a light crisp tempura batter and served with lightly flavoured sauce.	8.95	<b>YASAI GYOZA</b> <b>v VG</b> Pan fried and steamed vegetable dumplings stuffed with cabbage, onions, garlic & carrots and served with dipping sauce.	5.95
<b>SOFT SHELL CRAB</b> Fried soft shell crab served with kimuchi mayonnaise.	8.95	<b>NASU DENGAKU</b> <b>v VG</b> Fried aubergine topped with a sweet red miso sauce and then grilled.	5.95
<b>GINDARA SAIKYO MISO</b> Black cod glazed in our chefs own miso sauce. <b>Subject to availability</b>	8.95	<b>YASAI KOROKKE</b> <b>v VG</b> Japanese style vegetable and potato croquettes fried in panko breadcrumbs and served with a fruity brown sauce.	5.95
<b>NANBANZUKE</b> Sea bass marinated in a sweet sauce made with soy & rice vinegar on a bed of seasoned mixed vegetables. Served chilled.	5.95	<b>AGE TOFU</b> <b>v VG</b> Deep-fried tofu served in a soy-based sauce with fresh ginger and Japanese radish.	4.95
<b>MAGURO KATSU</b> Fried fresh tuna loin in panko breadcrumbs and served with a fruity sauce.	5.95	<b>HIYAYAKKO</b> <b>VG</b> Fresh tofu in light soy topped with ginger, spring onion and bonito flakes.	3.95
<b>TONKATSU</b> Fried pork loin in panko breadcrumbs and served with a fruity sauce.	5.95	<b>HORENSO</b> <b>v VG</b> Spinach with special sesame sauce, topped with daikon and roasted sesame seeds.	3.95
<b>TORIKATSU</b> Fried tender chicken in panko breadcrumbs and served with a fruity sauce.	5.95	<b>OHITASHI</b> Rolled spinach topped with roasted sesame seeds, bonito flakes & ponzu sauce.	3.95

**v** - Suitable for Vegetarians **VG** - Suitable for Vegans **VG** - Can be made Vegan friendly

A discretionary service charge of 10% may be added to tables of 6 or more which will go directly to our team.

## LUNCHTIME MENU - BENTO BOX

All bento boxes come complete with rice, salad & potatoes.  
Please choose one of the following in addition;



### SASHIMI

11.95

A mixed selection of the freshest sliced raw fish. Served with Japanese horseradish, oba leaf, and finely sliced radish.

**YAKIMONO** - The following are served with a choice of sauce listed below;

### SUZUKI

9.95

Pan fried **Sea Bass** fillet served with your choice of sauce.

### SAKE

9.95

Fresh Scottish **Salmon** fillet served with your choice of sauce.

### MAGURO

10.95

Fresh **Tuna** cooked either seared or well done served with your choice of sauce.

### TORI

9.95

Tender **Chicken** served with your choice of sauce.

### GYU

10.95

English **Sirloin Steak** cooked to your liking and choice of sauce.

**SAUCES** - please choose your sauce

**PONZU** A healthy sauce made with soy sauce and rice vinegar perfect for fish dishes. **V VG**

**YAKI NIKU** Made with soy sauce, garlic and ginger perfect for sirloin steak & other meat dishes. **V VG**

**TERIYAKI** A fine balance between sweet & savoury. Suitable for both fish & meat dishes. **V VG**

### AGEMONO

### TONKATSU

9.95

**Pork** Loin fried in panko breadcrumbs & served with a fruity sauce.

### TORIKATSU

9.95

Tender **chicken** fried in panko breadcrumbs & served with a fruity sauce.

### KARA-AGE

9.95

Crispy fried **chicken** pieces marinated in soy, ginger and garlic and served with a fresh lemon wedge.

### TEMPURA MIX

10.95

Large **king prawns** & **vegetables** fried in a light crisp batter with dipping sauce.

### YASAI TEMPURA **V VG**

8.95

Mixed **vegetables** in a light crisp batter and served with dipping sauce.

### TOFU **V VG**

8.95

Fried **tofu** topped with stir fry vegetables in a special teriyaki sauce.

## DONBURI

A large bowl of rice topped with one of the following

### YASAITEN-DON **V VG**

13.95

Mixed **Vegetables** fried in light tempura batter and served with teriyaki sauce on the side.

### TEN-DON

14.95

**Prawns** and **vegetables** in light tempura batter served with teriyaki sauce on the side.

### KATSU-DON

15.95

**Pork** loin fried in panko breadcrumbs and cooked in an omelette style egg with onions and spring onions.

### CHICKEN KATSU-DON

15.95

Chicken fried in panko breadcrumbs, omelette style egg with onions and spring onions.

### UNAGI-DON

16.95

Grilled **eel** served dressed with shredded toasted nori and Japanese pickles. Served with sweet eel sauce on the side.

## JAPANESE CURRY

All curries served with rice and Japanese pickle  
Japanese curry is very mild and has a thick and creamy texture.

### YASAI CURRY **V VG**

9.95

Chunky vegetables including mushrooms, potato and carrots.

### MAGURO KATSU CURRY

11.95

Vegetable curry served with fresh **tuna** loin fried in panko breadcrumbs.

### TONKATSU CURRY

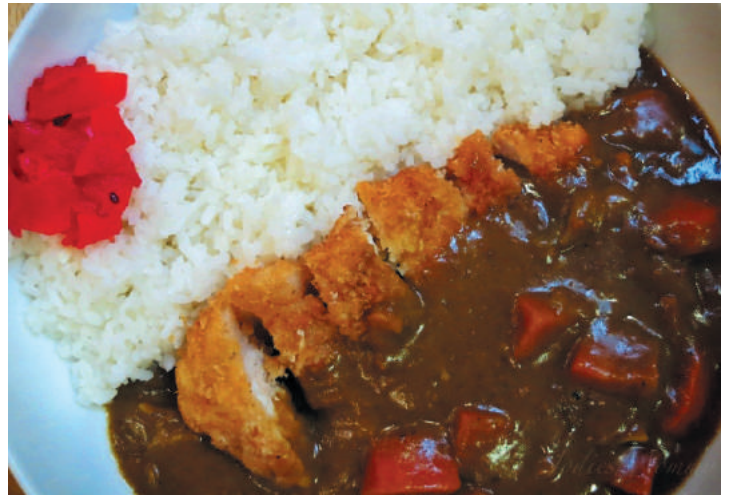
11.95

Vegetable curry served with **pork** loin fried in panko breadcrumbs.

### TORIKATSU CURRY

11.95

Vegetable curry served with tender **chicken** fried in panko breadcrumbs.



## SOUP NOODLES

Udon - thick wheat noodles in a soup broth served with one of the following on the side

### KITSUNE UDON

11.95

Fried tofu, wakame and spring onion.

### UDON YASAI TEMPURA

12.95

Mixed vegetable deep fried in a light batter.

### UDON MIXED TEMPURA

13.95

Mixed vegetable & king prawn deep fried in a light batter.

**V** - Suitable for Vegetarians **VG** - Suitable for Vegans **VG** - Can be made Vegan friendly

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## EVENING MENU - MAIN COURSE

### YAKIMONO

All served with white steamed sticky rice, salad and Japanese dressing

**Sauces** - Please choose your sauce

**Ponzu** A light and healthy sauce made with soy sauce and rice vinegar perfect for fish dishes. **V VG**

**Yaki niku** Made with soy sauce, garlic and ginger perfect for sirloin steak & other meat or meaty fish dishes. **V VG**

**Teriyaki** A fine balance between sweet & savoury. Suitable for both fish & meat dishes. **V VG**

**SUZUKI** **13.95**  
Pan fried **sea bass** fillet served with your choice of sauce.

**RED MULLET** **14.95**  
Pan fried **red mullet** served with your choice of sauce.

**SAKE** **14.95**  
Fresh Scottish **salmon** fillet served with your choice of sauce.

**MAGURO** **16.95**  
Fresh sashimi grade **tuna** cooked either seared or well done served with your choice of sauce.

**TORI** **13.95**  
Tender **chicken** served with your choice of sauce.

**GYU** **16.95**  
English **sirloin steak** cooked to your liking and choice of sauce.



### JAPANESE CURRY

All curries served with rice and Japanese pickle  
Japanese curry is very mild and has a thick and creamy texture

**YASAI CURRY V VG** **10.95**  
Chunky **vegetables** including mushrooms, potato and carrots.

**MAGURO KATSU CURRY** **13.95**  
Vegetable curry served with fresh **tuna** loin fried in panko breadcrumbs.

**TONKATSU CURRY** **13.95**  
Vegetable curry served with **pork** loin fried in panko breadcrumbs.

**TORIKATSU CURRY** **13.95**  
Vegetable curry served with tender **chicken** fried in panko breadcrumbs.

**V** - Suitable for Vegetarians **VG** - Suitable for Vegans **VG** - Can be made Vegan friendly

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### AGEMONO

All served with freshly prepared mixed salad with dressing Japanese white steamed sticky rice

**YASAI TEMPURA V VG** **13.95**  
Mixed **vegetables** fried in a light crisp batter and served with dipping sauce.

**TOFU V VG** **13.95**  
Fried **tofu** topped with stir fry vegetables and served with special teriyaki sauce.

**TONKATSU** **14.95**  
**Pork** loin fried in panko breadcrumbs & served with a fruity sauce.

**TORIKATSU** **14.95**  
Tender **chicken** fried in panko breadcrumbs & served with a fruity sauce.

**KARA-AGE** **14.95**  
Fried crispy **chicken** pieces marinated in soy, ginger and garlic served with a fresh lemon wedge.

**TEMPURA MIX** **14.95**  
Large **king prawns** & **vegetables** fried in light crisp batter and served with dipping sauce.

### DONBURI

A large bowl of rice topped with one of the following

**YASAI TEN-DON V VG** **13.95**  
**Vegetables** in light tempura batter served with teriyaki sauce on the side.

**TEN-DON** **14.95**  
**Prawns** and **vegetables** in light tempura batter served with teriyaki sauce on the side.

**KATSU-DON** **15.95**  
**Pork** loin fried in panko breadcrumbs and cooked in an omelette style egg with onions and spring onions.

**CHICKEN KATSU-DON** **15.95**  
**Chicken** fried in panko breadcrumbs, omelette style egg with onions and spring onions.

**UNAGI-DON** **16.95**  
Grilled **eel** served dressed with toasted nori and Japanese pickles. Served with sweet eel sauce on the side.

### UDON SOUP NOODLES

Thick wheat noodles in a soup broth served with one of the following on the side

**KITSUNE UDON** **11.95**  
Deep fried **tofu**, wakame and spring onion.

**UDON YASAI TEMPURA** **12.95**  
Mixed vegetable deep fried in a light batter.

**UDON MIXED TEMPURA** **13.95**  
Mixed vegetable & king prawn deep fried in a light batter.